Agenda

Approx. time	Agenda
9:30 – 9:40	Introductions Andy Coley – NHS CLN
9:40 – 10:25	Wellbeing Survey Results Jack Evans & Shaun Smyth – Robertson Cooper
10:25 – 10:35	Break
10:35 – 11:20	Wellbeing Survey Results Jack Evans & Shaun Smyth – Robertson Cooper
11:20 – 11:30	Next steps Jan Lawry – NHS CLN



NHS Clinical Leaders Network

North West Mental Resilience Programme Analysis Results Presentation

Jack Evans, Lead Business Psychologist Shaun Smyth, Health & Wellbeing Analyst

Purpose of today's session



What are the results telling us about wellbeing at NHS CLN now?

- Response rates
- Overall results: trends, insights & results dashboard
- 2

Into the detail

A deeper dive into the overall results by looking specifically at the questions

3

What are the differences between the groups?

- Summary of trends across the demographic groups
- Hotspot areas
- Demographic comparisons



Additional questions

- Working with Covid-19
- Mental health and wellbeing



What next?

Group reflections and discussions

Who are Robertson Cooper?

At Robertson Cooper, our vision is to create more Good Days At Work. Because we believe that by addressing workplace wellbeing holistically, strategically and with scientific rigour, organisations can unlock the full potential of their workforces.

- Academic roots, practical focus
- The niche consultancy advantage
- Wellbeing is our business
- Working across the wellbeing spectrum
- Combining consulting with powerful tools

Wellbeing Training Wellbeing Measurement Wellbeing Strategy









Deloitte.







Project summary

- Areas shown opposite measured within the survey
- Available throughout September 2020 April 2021
- Respondents received a Wellbeing Snapshot report immediately on completion
- Aggregated results to give a view on current wellbeing position, identify hotspot areas and prioritise wellbeing challenges



Section 1 Overview of the results

Response rates

Which of the following staff groups best describes your role?	Headcount	% of Total
Administrative and clerical staff	96	21%
Allied health professionals	75	16%
Clinical services staff	16	3%
Estates and ancillary staff	8	2%
Medical and dental staff	59	13%
Nursing and midwifery registered staff	166	36%
Professional scientific and technical staff	7	2%
Other (please specify)	32	7 %
Total	467	100%

Some key takeaways

- Strong sense of Job Security & Job permanence across respondents
- Results on wellbeing and performance are lower than benchmark throughout
- Poor results on Physical and Psychological health
- Consistently poor results across Positive Emotions a key part of overall Psychological Wellbeing
- Two thirds of respondents agreed that COVID-19 has made them feel burnt out

Insights

Number of hotspots 1



60

Values show the difference between the group score out of 100 and the benchmark score.

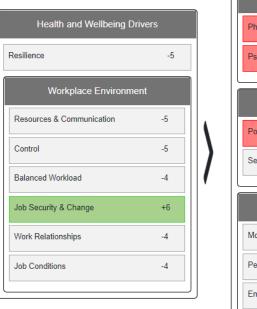
Minus indicates the group score is lower than the benchmark, positive scores indicate the group score is higher than the benchmark, and a score of 0 indicates that the group score is the same as the benchmark.

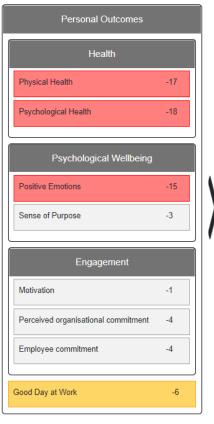
Тор	5 Groups		Top 5 Items	
1.	Role Type - Clinical, providing telephone / remote services	+1	1. Job security	+15
2.	Ethnicity - Asian / Asian British - Indian	+1	2. Job permanence	+9
3.	Role Type - Non-clinical support staff - combination of on site and working remotely	-1	3. My skills in the future	+8
4.	Tenure - Less than 12 months	-1	4. Travel time	+7
5.	Ethnicity - White - Irish	-1	5. Pay & benefits	+7

Bot	tom 5 Groups		Bottom 5 Items	
1.	Staff Group- Estates and ancillary staff	-15	1. Sleep	-24
2.	Disability - Prefer not to say	-14	2. Contact with others	-23
3.	Role Type - Non-clinical support staff, working in clinical areas	-11	3. Coping	-22
4.	Role Type - Other (please specify)	-11	4. Appetite	-21
5.	Tenure - 25 years or more	-11	5. Vitality	-21

Results dashboard – NHS CLN overview

467 respondents





Values show the difference between the group score out of 100 and the benchmark score.

Minus indicates the group score is lower than the benchmark, positive scores indicate the group score is higher than the benchmark, and a score of 0 indicates that the group score is the same as the benchmark.



KEY: Positive. 6+ better than the Benchmark Typical. Similar to the benchmark score (-5 to +5) Caution. -6 or -7 compared to the Benchmark Benchmark Risk. -8 or lower than the benchmark

Section 2 Into the detail...

In more depth – Resilience

Resilience	Score	vs. B'mark
	71	-5

Item	Score	vs. Benchmark
Confidence with difficulties	72	-8
Support if things go wrong	65	-9
Worth tackling job problems	67	-5
Adapt to challenges	81	-3

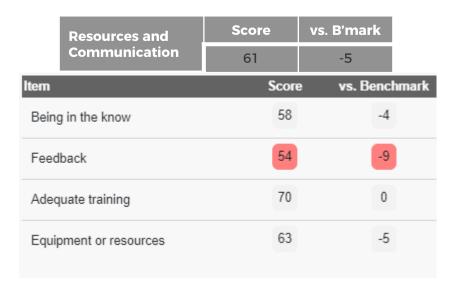
Typical. Similar to the benchmark

Typical. Similar to the benchmark score (-5 to +5)

Caution. -6 or -7 compared to the Benchmark

Risk. -8 or lower than the benchmark

In more depth – Workplace pressures (1/3)





In more depth – Workplace pressures (2/3)

Balanced	Score	vs. B'mark
Workload	62	-4

Item	Score	vs. Benchmark
Working hours	56	-5
Sociability of hours	70	-4
Travel time	79	+7
Work-life balance	46	-13
Technology	71	-2
Work deadlines	68	+1
Manageable workloads	57	-7
Time to do job well	46	-10

	Job Security &	50016	vs. Dillark	
	Change	72	+6	
Item		Score	e vs. Bei	nchmark
Job s	security	79	•	+15
Job	permanence	87		+9
Well	managed change	58	-	+1
Futu	re job changes	59		-1
My s	kills in the future	79		+8

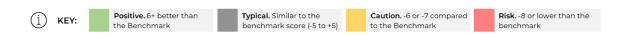
In more depth – Workplace pressures (3/3)

	Sco	re vs. Bench
Relationships	70	-4
Work	Score	vs. B'mark

Item	Score	vs. Benchmark
My boss' behaviour	84	-4
Support from others	60	-7
Social support	67	-6
Clarity on boss' expectations	70	-2
Fairness of work	51	-7
Boss' evaluation of my work	80	-2
Credit for my achievements	68	-3
Team relationships	78	-3

Job	Score	vs. B'mark
Conditions	66	-4

Item	Score	vs. Benchmark
My job in the future	61	-2
Physical work environment	64	-9
Safety at work	73	-15
Performance management	71	-2
Pay & benefits	62	+7
Interesting work	74	+5
Relationships with customers / clients	61	-10
Job enjoyment	61	-6



In more depth – Health symptoms

Physical	Score	vs. B'mark
Health	43	-17
Item	Score	vs. Benchmark
Appetite	39	-21
Digestion	53	-16
Sleep	26	-24
Absence of headaches	39	-17
Lack of aches and pains	31	-19
Lack of nausea	70	-5

	Psychological	Score	vs. B'mark
	Health	47	-18
	ltem	Score	vs. Benchmark
	Relaxed	59	-18
	Calm	43	-19
	Decision-making	50	-17
	Sense of humour	56	-13
	Even-tempered	44	-18
	Vitality	22	-21
	Coping	47	-22
	Contact with others	48	-23
	Mood	47	-19
	Listening	62	-13
	Concentration	42	-14
Caution6 to the Ben	6 or -7 compared Risk, -8 or lower that benchmark	n the	

Typical. Similar to the

benchmark score (-5 to +5)

In more depth – Psychological wellbeing

Ро	sitive	Score	vs. B'mark
En	notions	42	-15
	ltem	Score	vs. Benchmark
	Inspired	35	-13
	Alert	54	-11
	Excited	28	-18
	Enthusiastic	42	-15
	Determined	56	-15
	Нарру	44	-13
	Contented	38	-15

Company of Decimons	Score	vs. B'mark
Sense of Purpose	67	-3
ltem	Score	vs. Benchmark
Specific job goals	60	-5
Clear job goals	61	-6
Commitment to goals	82	-1
Motivated by job challenge	63	-3

Key Driver Analysis

- Further analysis looks at the impact of the work environment questions on the three health / wellbeing metrics with red / amber results Psychological Health, Physical Health, Positive Emotions
- This analysis looks at the questions which has the biggest effect on the outcomes, therefore the areas where improvements in these questions are likely to have the strongest effect

Psychological Health

Variance explained = 35%

Physical Health

Variance explained = 21%

Positive Emotions

Variance explained = 42%

- 1. Work-life balance
- 2.Job enjoyment
- 3. Fairness of work
- 4. Social support
- 5.Relationships with customers / clients

- 1.Work-life balance
- 2.Job enjoyment
- 3. Fairness of work
- 4.Performance management
- 5. Fairness of work

- 1.Job enjoyment
- 2.Involvement in decisions
- 3. Work-life balance
- 4.Feedback
- 5.Interesting work

In more depth – Engagement

Motivation	Scor	е	vs. B'mark
Motivation	69		-1
Item		Score	vs. Benchmark
Put myself out for organisation		70	+1
Achieving the goals of job		82	-1
Organisation is motivating		56	-3

Franksias Commitment	Score	vs. B'mark
Employee Commitment	68	-4
Item	Score	vs. Benchmark
Work hard for organisation	66	-1
Committed to organisation	71	-5

Organisation	Score	•	vs. B'mark
Commitment	58		-4
ltem	Score	VS	s. Benchmark
Organisation values me	54		-5
Happy with organisation	62		-3

In more depth – Good Days at Work & Performance

Good Days at	Score	vs. B'mark
Work	76	-6
Item	Score	vs. Benchmark
Energetic	51	-18
Achievement	75	-1
Sociability	91	-2
Valuable contribution	88	0



The case for wellbeing in the NHS

We know that positive levels of employee health and wellbeing are linked to better patient and operational outcomes. The data gathered so far supports this.

Respondents in the Top 20% when it comes to wellbeing compared to those in the bottom 20%:

- Report being 35% more productive
- Are almost 2x more likely to recommend the organisation as a place to work
- Are 7x more likely to have taken at least one day off sick during the last three months
- Are almost 3x more likely to have shown presenteeism during the last three months

Section 3 Demographic comparisons

Hotspots

Hotspots are demographic groups (8+ respondents) where the overall results across all core questions, on average, are lower than the benchmark score

Number of hotspots	A
60	

Demographic	Total No. of Groups (>8 respondents)	Groups which are a Hotspot	% of Group which are a Hotspot
Trust	9	9	100%
Staff Group	7	7	100%
Pay Grade	11	11	100%
Disability	3	3	100%
Tenure	8	8	100%
Gender	2	2	100%
Age	9	9	100%
Management/Leadership Responsibilities	2	2	100%
Role Type	6	7	86%
Ethnicity	3	4	75 %

Summary of trends across NHS CLN –Work demographics

Demographic	Summary
Consistent Trends	 Most staff are experiencing physical and psychological health symptoms, as well as low levels of psychological wellbeing Most staff feeling secure in their jobs
Trust	Differences in results across the other 'Core' measures per Trust
Role Type	 'Clinical, providing telephone / remote services' experiencing physical and psychological health symptoms significantly less than the other groups 'Clinical, providing face-to-face inpatient services' & 'Non-clinical, support staff, working in clinical areas' experiencing pressures around their workplace environment more than others (although still Cautionary) 'Non-clinical, support staff (x3) who aren't working in clinical areas feel more motivated and feel they have a better psychological contract with their employer
Staff Group	 Differences in results across the other 'Core' measures 'Medical and dental staff experiencing physical and psychological health symptoms significantly less than the other groups (Although still Cautionary)
Pay Grade	 Differences in results across the other 'Core' measures 'Medical - Consultant' experiencing physical and psychological health symptoms significantly less than the other groups (Typical) 'Agenda for Change 4' and below don't feel as secure in their jobs than the rest (Green > Typical)
Tenure	The longer serving staff (mainly from 5 years +) displaying poorer results than the newer staff
Management/ Leadership Responsibilities	 Non-manager/leaders feeling less resilient, less informed and equipped and lower levels of autonomy Non-manager/leaders feel they receive less commitment from their organisations Managers/leaders more pressured around their workloads

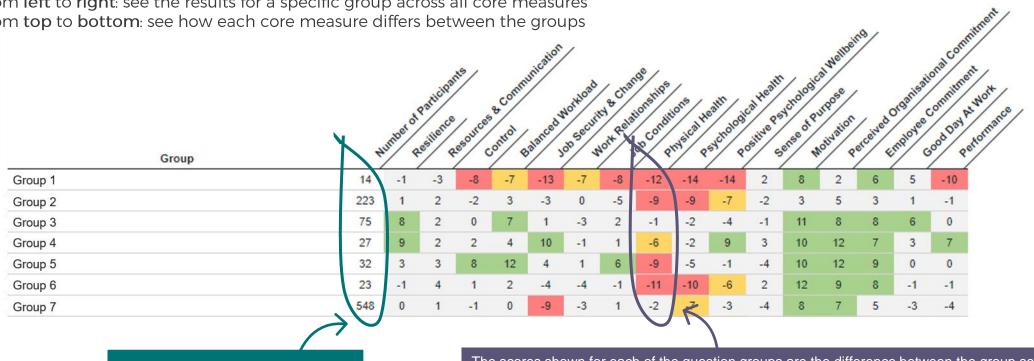
Reading the results

Typical, Similar to the

The following slides show the results for groups at a glance. There are two ways to read the results:

1. From left to right: see the results for a specific group across all core measures

2. From top to bottom: see how each core measure differs between the groups

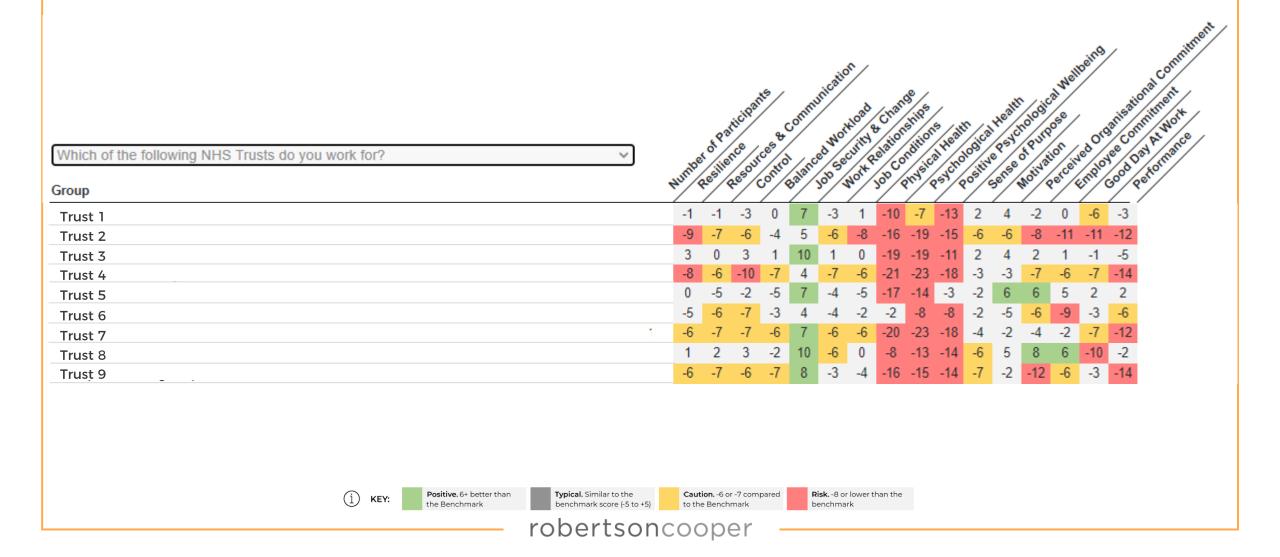


The number of participants for each group is shown here. The **minimum** displayed group size is 8 - this ensures anonymity and confidentiality

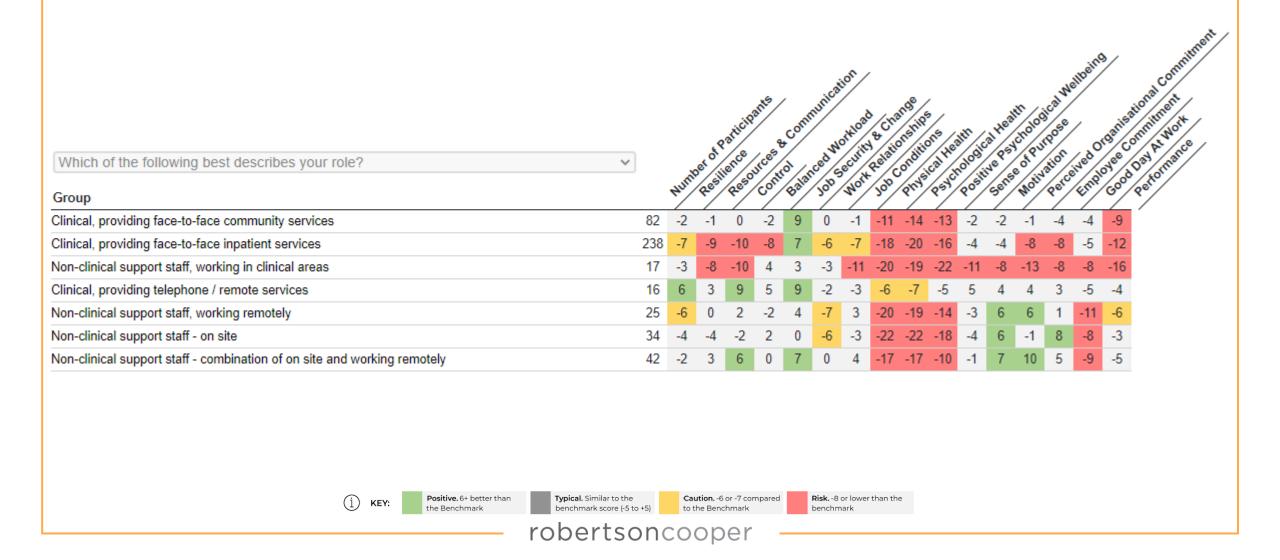
The scores shown for each of the question groups are the difference between the group score out of 100 and the benchmark score.

- A minus score indicates the group score is lower than the benchmark
- A **positive** score indicates the group score is higher than the benchmark
- A score of 0 indicates that the group score is the same as the benchmark

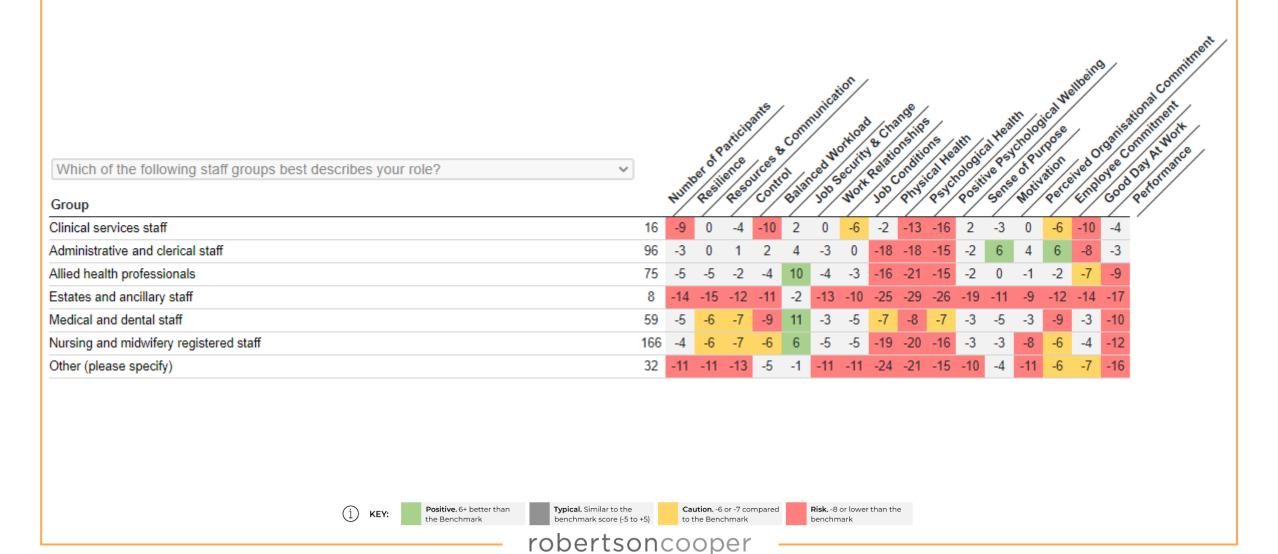
A look across the demographics – by Trust



A look across the demographics – by Role Type

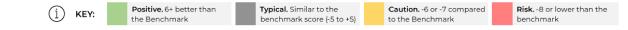


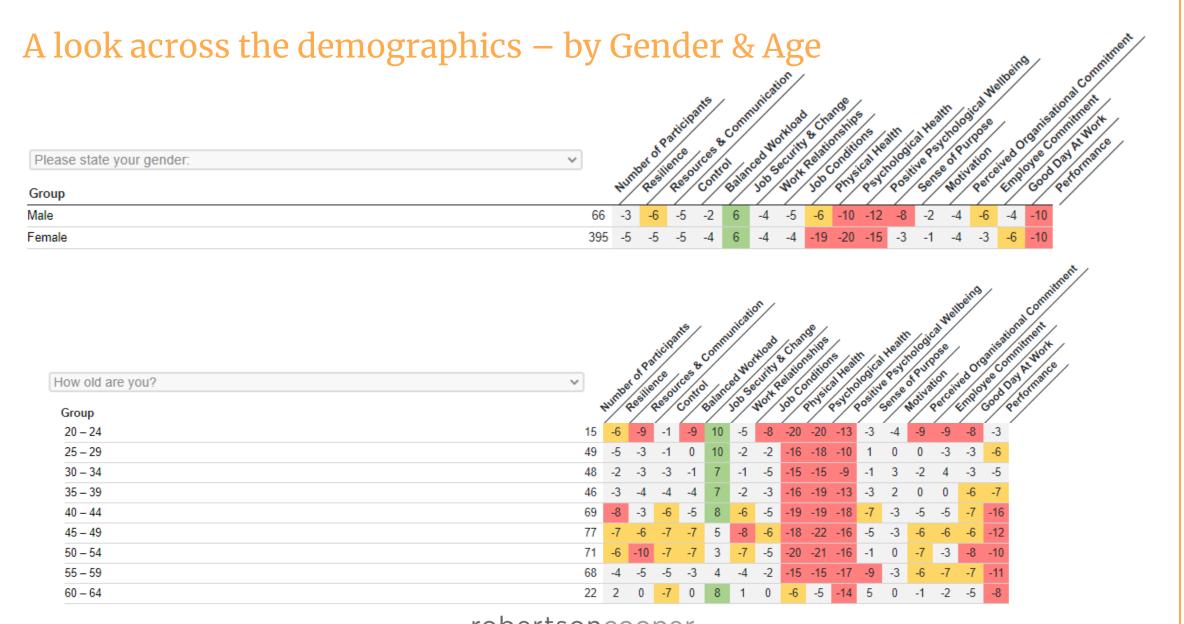
A look across the demographics – by Staff Group



Summary of trends across NHS CLN –Personal demographics

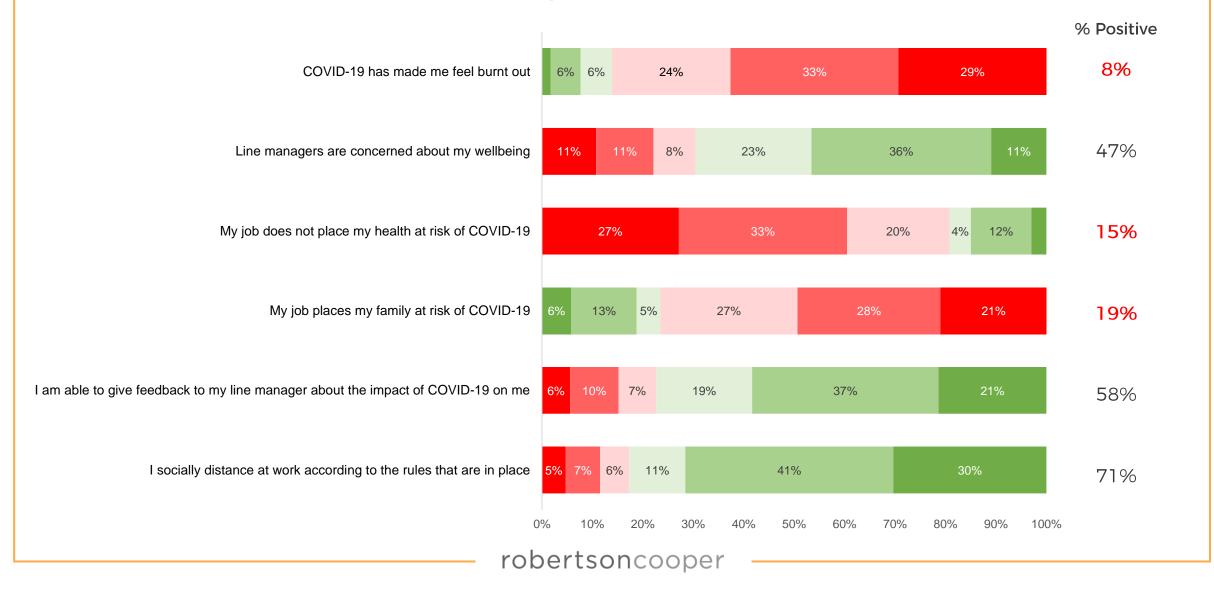
Demographic	Summary
Consistent Trends	 Most staff are experiencing physical and psychological health symptoms, as well as low levels of psychological wellbeing Most staff feeling secure in their jobs
Gender	Consistent results across Gender
Age	 Differences in results across the other 'Core' measures Staff aged 60+ experiencing less physical and psychological health-related symptoms Staff aged between 40 - 54 experiencing more pressure in their workplace environment, and also less motivated and committed
Ethnicity	Consistent results across Ethnicity
Disability	Staff who have a disability experiencing significantly more pressure in their workplace environment, and also less motivated and committed



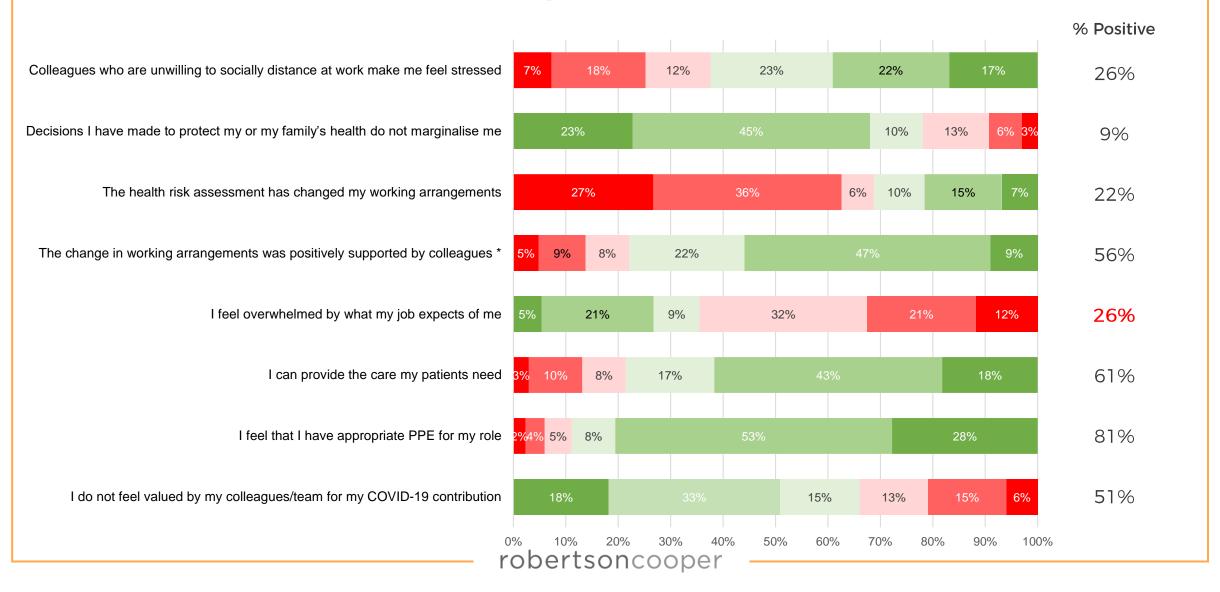


Section 4 Additional Questions

Additional Questions – Working with Covid-19 (1 of 2)



Additional Questions – Working with Covid-19 (2 of 2)



Additional Questions – Working with Covid-19 (1 of 2)

The percentages in the table correspond to the percentage of respondents who responded positively

Question	Administrative and clerical staff	Allied health professionals	Clinical services staff	Estates and ancillary staff	Medical and dental staff	Nursing and midwifery registered staff	Other (please specify)
I socially distance at work according to the rules that are in place	82%	69%	69%	100%	53%	69%	78%
I am able to give feedback to my line manager about the impact of COVID-19 on me	73 %	56%	63%	38%	48%	57 %	47%
My job places my family at risk of COVID-19	43%	15%	25%	25%	16%	10%	16%
My job does not place my health at risk of COVID-19	36%	9%	25%	0%	12%	8%	13%
Line managers are concerned about my wellbeing	56%	51%	69%	13%	37 %	42%	44%
COVID-19 has made me feel burnt out	8%	7 %	6%	13%	9%	6%	19%
I do not feel valued by my colleagues/team for my COVID-19 contribution	61%	49 %	38%	50%	43%	54%	38%

Additional Questions – Working with Covid-19 (2 of 2)

The percentages in the table correspond to the percentage of respondents who responded positively

^{*} This question was a leap only presented to those who 'slightly agreed, agreed or strongly agreed' to the question above

Question	Administrative and clerical staff	Allied health professionals	Clinical services staff	Estates and ancillary staff	Medical and dental staff	Nursing and midwifery registered staff	Other (please specify)
I feel that I have appropriate PPE for my role	90%	79 %	100%	7 5%	69 %	81%	69%
I can provide the care my patients need	75 %	56%	67%	100%	20%	54%	64%
I feel overwhelmed by what my job expects of me	35%	29%	31%	25%	22%	22%	28%
The health risk assessment has changed my working arrangements	59%	55%	38%	50%	78%	67%	63%
The change in working arrangements was positively supported by colleagues*	74%	57 %	50%	33%	25%	50%	60%
Decisions I have made to protect my or my family's health do not marginalise me	9%	3%	19%	13%	14%	9%	16%
Colleagues who are unwilling to socially distance at work make me feel stressed	26%	15%	31%	25%	34%	26%	22%

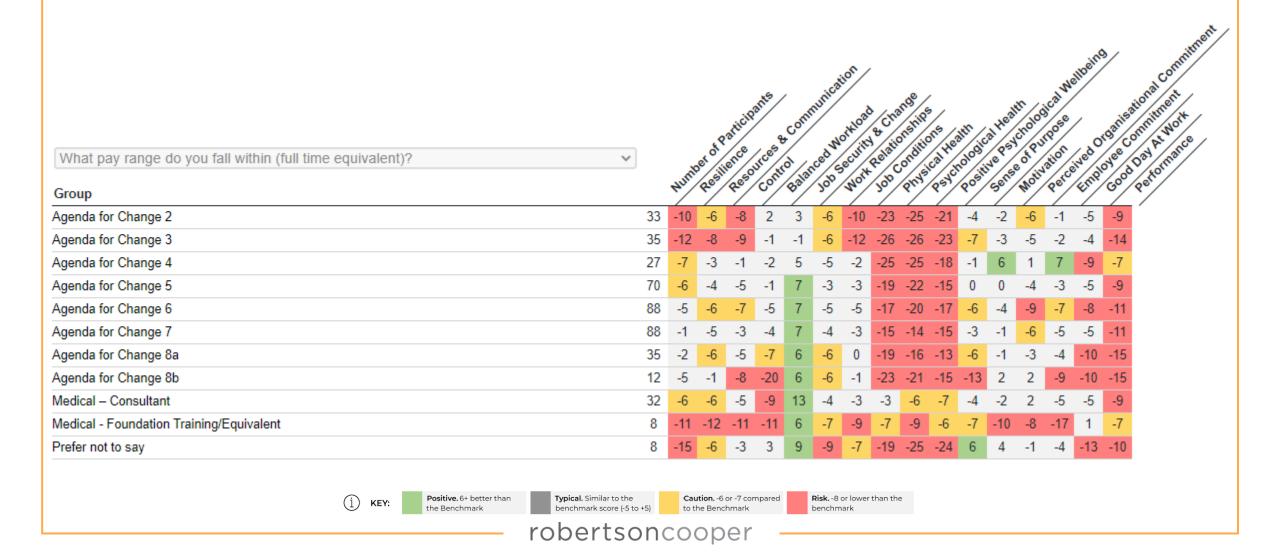
Section 5 What next?

Survey next steps

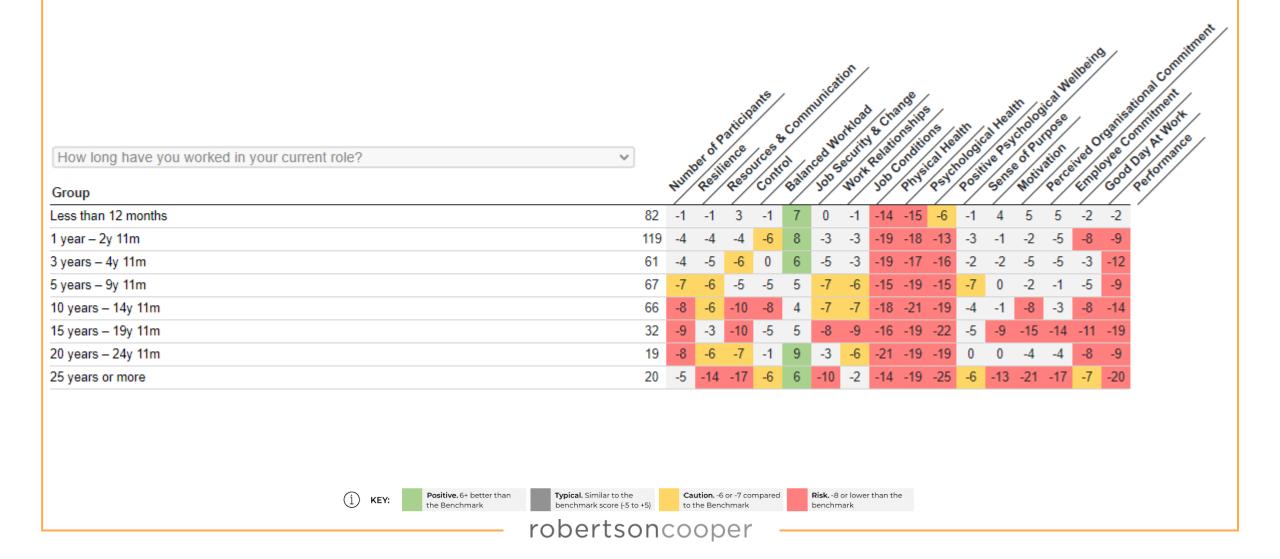
- Provide access for each of the Trusts to our online reporting software
 - See your individual Trust results
 - Filter data by available demographics
 - Download PDF reports
- Additional data and insights (Jan Lawry)

Section 6 Appendix

A look across the demographics – by Pay Range



A look across the demographics – by Tenure



A look across the demographics – Mangers & Leaders



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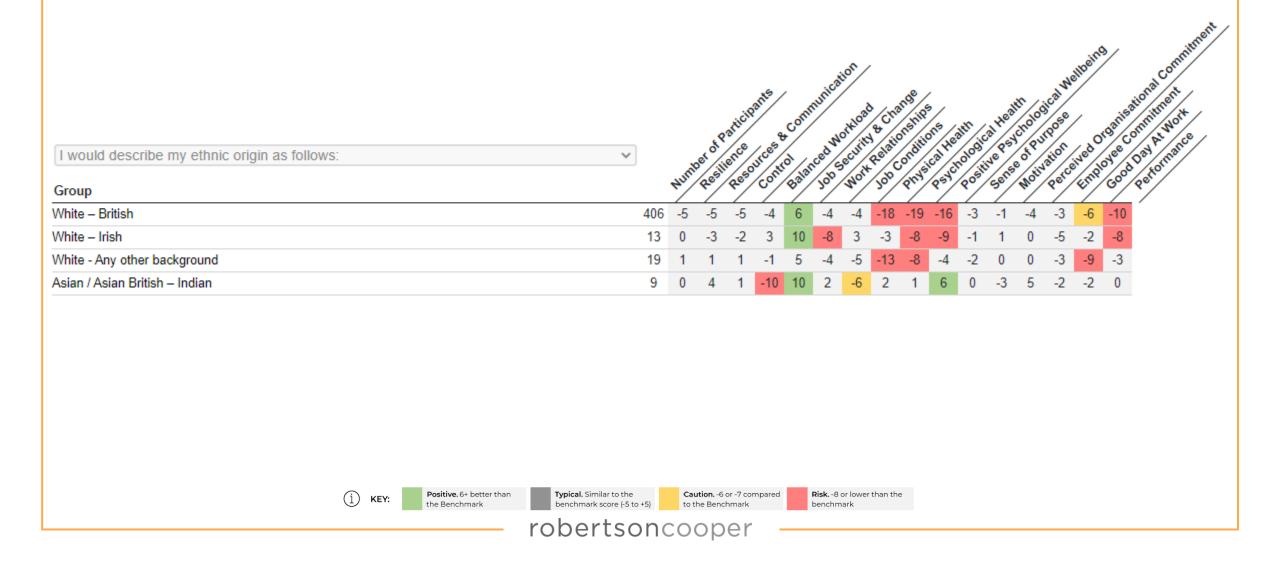
Positive. 6+ better the Benchmark

Typical. Similar to the benchmark score (-5 to +

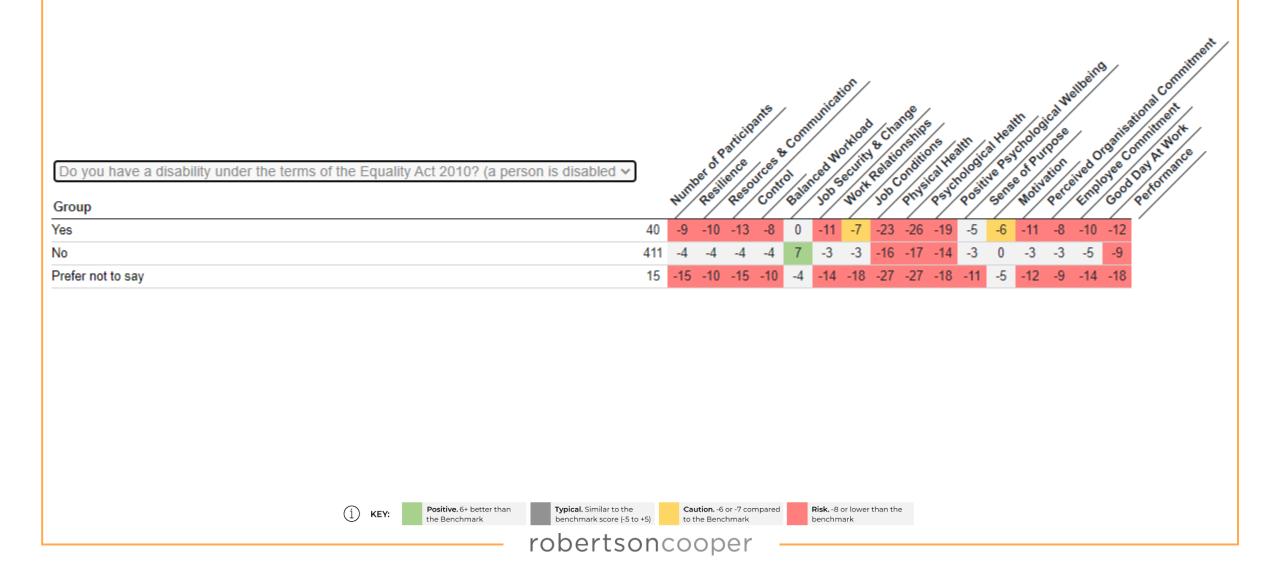
Caution. -6 or -7 compared to the Benchmark

Risk. -8 or lower than the benchmark

A look across the demographics – by Ethnicity



A look across the demographics – by Disability



Additional Questions – Working with Covid-19 (1 of 2)

The percentages in the table correspond to the percentage of respondents who responded positively

Question	Trust 1	Trust 2	Trust 3	Trust 4	Trust 5	Trust 6	Trust 7	Trust 8	Trust 9
I socially distance at work according to the rules that are in place	71%	86%	76 %	72 %	80%	52%	66%	77 %	65%
I am able to give feedback to my line manager about the impact of COVID-19 on me	69%	63%	66%	52 %	70%	45%	54%	69%	53%
My job places my family at risk of COVID-19	34%	25%	9%	16%	20%	17%	16%	62%	8%
My job does not place my health at risk of COVID-19	31%	24%	14%	8%	30%	17%	10%	15%	10%
Line managers are concerned about my wellbeing	44%	33%	50%	46%	80%	45%	48%	62%	33%
COVID-19 has made me feel burnt out	17%	8%	12%	6 %	10%	10%	2%	8%	8%
I do not feel valued by my colleagues/team for my COVID-19 contribution	51%	49%	59%	46%	50%	45%	47%	54%	60%

Additional Questions – Working with Covid-19 (2 of 2)

The percentages in the table correspond to the percentage of respondents who responded positively

* This question was a leap only presented to those who 'slightly agreed, agreed or strongly agreed' to the question above

Question	Trust 1	Trust 2	Trust 3	Trust 4	Trust 5	Trust 6	Trust 7	Trust 8	Trust 9
I feel that I have appropriate PPE for my role	80%	7 3%	86%	83%	100%	79 %	74 %	92%	85%
I can provide the care my patients need	56%	86%	78%	55%	69%	48%	81%	50%	54%
I feel overwhelmed by what my job expects of me	37%	31%	29%	24%	20%	24%	23%	54%	20%
The health risk assessment has changed my working arrangements	46%	49%	69%	54%	60%	69%	68%	85%	7 3%
The change in working arrangements was positively supported by colleagues *	79 %	38%	53%	57 %	33%	56%	53%	100%	50%
Decisions I have made to protect my or my family's health do not marginalise me	11%	6%	5%	11%	10%	24%	8%	0%	8%
Colleagues who are unwilling to socially distance at work make me feel stressed	20%	22%	29%	12%	30%	38%	24%	38%	33%